



My name is Karina, and I am a hospice nurse.

I see a lot of people say goodbye to someone they love. I see a lot of tears and a lot of sadness.

But I also see a lot of love.

I am constantly reminded of this beautiful work I get to do. Thanks to **your** generous support of the VNA & Hospice of the Southwest Region, my coworkers and I are truly able to make an impact on the communities we serve.

On any given day, 410 home visits are made to your neighbors in Bennington and Rutland Counties. Here are a few ways your generous gifts support the care we deliver:

- You help our **rehabilitation therapists** assist joint replacement patients to take those tentative first steps in their recovery.
- Your gift enables our **specially trained nurses** help patients with complex medical conditions learn to manage their care and heal at home.
- Your thoughtful donations help our **pediatric team** care for fragile infants so they can remain at home surrounded by the love and support of their families.
- You help our **home care aides**, and personal care attendants support someone's aging parent in preparing a meal and getting ready for the day.
- And because of you, my fellow **hospice clinicians** may be holding the hand of someone who is celebrating their last holiday, their last birthday, or their last breath.

The growing demand for home health care and hospice care here in our community needs your gifts of support.

Will you consider becoming a champion for these vital programs by making your gift today?

Your gift makes a real difference – and goes right to work in our communities, helping to support our patients and their families.

The truth is we need champions like you. Please make your gift today.

With gratitude,

Karina Knapp RN BSN

Karina Knapp, RN VNA & Hospice of the Southwest Region

PS People often ask me how I can do the work that I do. I see things differently. It is a privilege to care for so many in our community. But if I could offer one bit of advice to you, it is this: What if we didn't wait until the end of life to thank someone for loving or supporting us. **What if we said it today** – <u>right now?</u> I encourage you to do this. It will mean the world to someone.

PPS I'm going to take my advice: Thank you for your support of the VNA & Hospice. It means the world to our patients and the work we do.